



GRIT Newsletter

Kerry Ireland interviewing Simone Avramidis on her online workshop experience...

Did you think you would be doing online drama workshops? If you had asked me three months ago, the answer would have been 'No, are you kidding!' Just goes to show...never say *never*...

Are you enjoying the online workshops? Yes, and no! I mean, yes, it's been a great way to stay connected and creative. To be completely honest, it's been a positive distraction. It has kept me feeling hopeful during this uncertain time.

And no? I miss being in the same space as one another, feeling the energy of the group and deeply connecting in a way that being on screen and aware of your self does not easily allow.

What are some of the challenges? Adapting a new way of connecting, expressing, and communicating ideas and directions. One of the challenges on ZOOM is the order on the screen is not consistent for everyone, making it hard to know who is next in turn. Different internet connections, speeds and devices also can create lag issue making the workshop at times a little disjointed.

Any positives? Yes, being more structured in delivery, focused with themes and extra aware of inclusivity and language. Yes, absolutely! I will be a better teacher because of this experience. It has also opened possibilities to extend our customer base to connect with disadvantage, regional, remote, and cross generational groups, which I am thrilled about.

What have you missed the most? Circles and the organic nature of what we do, flow, impulses, and live interaction.

When will you get back to the theatre? There is still a little uncertainty as to when exactly, ideally in time for GRIT's 1st Birthday on Wednesday July 1st, our last term 2 class, week 10.

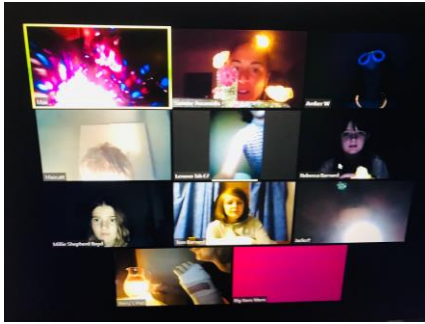
Do you have something planned for GRIT's 1st Birthday? Hoping in week 10, participants and their families can gather at the Goodwood Theatre, where we can present our online play, share some cupcakes and chat about GRIT's exciting future. Otherwise if this isn't possible I will organise an online screening of our creation and celebrate our birthday online?



What is the online play? Something the workshop members have been contributing to each week. I have set weekly task creations and collated their creations...some really creative and inventive stuff. I've been super impressed with their offerings each week and can't wait to share it with everyone. Thanks, so much families for your wonderful support this term, I appreciate it.

Learning performance art through the ABCD's of play

WORKSHOPS 1 - LIGHT:



Exploring **Light**. The spark! The opening, the beginning...Getting to know one another, setting up structure for our workshops and creating a safe & open space with emphasis on the importance of lighting and being seen. Both workshops contributed some wonderful creations for their #1 LIGHT TASK!



A few comments your children made about being OPEN:

"being open means being ready", "not blocking ideas from others", "if we weren't open, we would be closed"

WORKSHOP 2 - SOUND



Exploring **Sound**. Hearing, tempo, rhythm.

Creating soundscapes, being aware of the importance of hearing and articulating so people can understand you. Playing interactive games that are fair and inclusive. Using instruments, voice, and objects to create sound.



A few comments your children made about being FAIR:

"everyone gets a turn", "being fair means, we are all equal", "No-one is better than anyone else"

WORKSHOP 3 - PROP:



Exploring **Prop**. Touch, connection, believability. My favourite online workshops so far, we created a new interactive board game about being persistent and improvisations using props.



A few comments your children made about being PERSISTENT:

"a performer has to be persistent and practice all the time", "If a performer forgets their lines they have to keep going and never give up", "Being persistent is like being resilient, when you fall down you get back up again"

WORKSHOP 4 - COSTUME:



So much fun exploring **Costume**. Smell, character choices. We discovered that costume is an important element to performance, it helps the performer become the character and the audience understand more about the character, era, style and environment.



A few comments your children made about being BRAVE:

"you have to be brave in theatre, because the show must go on", "when talking in front of big groups you won't be shy", "being brave is facing your fears – doing it anyway", "having confidence", "being vulnerable is being brave"

WORKSHOP 5 - SET:



This workshop our focus was **Set** (virtual & real) Taste, style, environment. We explored setting and why it is important in performance. We had special guest; professional dancer & performer Jo Scott join our workshops. She taught us her choreography and brought a wonderful energetic energy to our ensembles.



A few comments your children made about being

CURIOUS: "asking questions", "wonder", "being curious is important for a performer because they need to investigate and make choices", "excited to find out how and why", "having interest in something you don't understand", "quizzical"

Articulation Exercises

With the tip of the tongue, the teeth & the lips

Bee bay bah boo, Mee may mah moo, Pee pay pah, poo, Fee, fay, fah, foo
Dee day dah doo, Lee lay lah loo, See, say, sah, soo

SHE SAW SEESAWS

peter piper picked a peck

RED LOLLY
YELLOW LORRY

little lady, lady little

gurgling curls, gargling cars

Dates to remember!

SCHOOL HOLIDAY IN STUDIO PERFORMANCE ART WORKSHOPS

2hour Holiday Workshops
WEDNESDAY 15th JULY 2020

10am - 5-9yrs
 1pm - 10-13yrs

\$25 per workshop



www.gritstudiocollective.com.au

TERM 3 - WEEKLY PERFORMANCE ART WORKSHOPS



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In Studio Workshops

WEDNESDAY 22nd JULY 2020

IMAGINE 8-10yrs @ 4PM
 QUIRK 11-13yrs @ 5.15PM

THURSDAY 23rd JULY 2020

BELIEVE 5-7yrs @ 4PM

Online Zoom Workshops

MONDAY 20th JULY 2020

IMAGINE 8-10yrs @ 4PM
 QUIRK 11-13yrs @ 5.30PM

Goodwood Theatre & Studios

166a Goodwood Road, GOODWOOD SA 5034

BOOKINGS ESSENTIAL

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