



Thank you for being part of our wonderful and supportive GRiT Studio family, I am super proud to present our first...

# GRiT Newsletter

## Thoughts from the director:

It has been a whirlwind beginning, laying the foundation of this lifelong dream; to provide a space where young people are encouraged to be who they are, valued for their individuality and appreciated for their differences.

Combining my love of performing arts with my passion for teaching, my aim is to promote self-expression in an inclusive and trusting environment where safety and fun are paramount.

GRiT is a circular and progressive space that promotes cultural diversity so we can all fit around the circle together.

I am extremely passionate about the benefits of self-expression and play and believe performance art to be the perfect vehicle to guide and nurture the future successes of your child. As well as learning how to act, performing arts provides success in school, supports improved communication, social skills, emotional intelligence and resilience.



GRiT generates transparent, honest, positive and supportive relationships with participants & families and looks forward to building a strong and healthy relationship with you and your family.

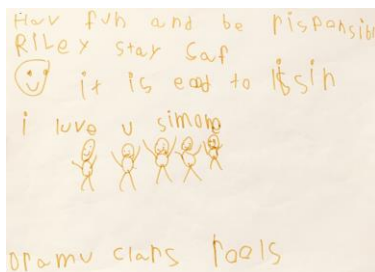
*I regard the theatre as the greatest of all art forms, the most immediate way in which a human being can share with another the sense of what it is to be a human being'-Oscar Wilde*

# What I have learnt from your children this month:

They want to be kind, they care

about themselves, the people in their world and their environment. They want to play, run, laugh and be brave. They love forming boundaries with group norms so they can create a safe and collaborative space to be themselves.

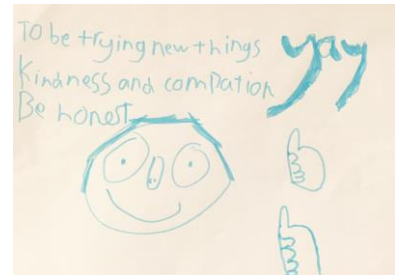
## Believe Workshop – Creating our group norms



Norms created by Riley Forgan



Writing group norms



Norms created by Leo Krieg

For the first part of this term, we have been focusing on getting to know one another, building trust, respect, ensemble skills and collectively sharing our expectations, goals and objectives. Using games and task-based play, we have been developing skills in imagination, improvisation, characterisation and storytelling.

## Quirk workshop – Improvisation, performing scenes and using scripts



Creating a story one word at a time



Performing short scenes to the class



Creating emotion machines

*"My boys are loving your workshop, they said you are a great teacher who gives them a fun, safe place to be who they want to without any judgement" – Parent*

*"My favourite part of the week is coming to GRIT workshops, I get to play with my friends and have lots of fun" – Participant*

*"Simone encourages me to be me" – Participant*

**Dates to remember:**

Week 10 – **Wednesday 25<sup>th</sup> September** we would like to invite family and friends to join us in the studio for the last 15minutes of class to share a little splice of what we've been workshopping!

**SCHOOL HOLIDAY WORKSHOPS****ENCOURAGING LOVE FOR PERFORMING ARTS****Wednesday 2<sup>nd</sup> October**

GOODWOOD THEATRE &amp; STUDIOS

5-9yrs / 10-12pm

10-13yrs / 1-3pm

\$25 per workshop

**10 WEEK WORKSHOPS TERM 4****BELIEVE**

GRIT

**BELIEVE** 5-9YRS

Wednesdays 4-5pm

\$160 per term

**QUIRK**

GRIT

**QUIRK** 10-13YRS

Wednesdays 5:15-6:45pm

\$230 per term

**Goodwood Theatre & Studios**

166a Goodwood Road, GOODWOOD SA 5034

**BOOKINGS ESSENTIAL****0401 066 339**[simone@gritstudiocollective.com.au](mailto:simone@gritstudiocollective.com.au) or [www.gritstudiocollective.com.au](http://www.gritstudiocollective.com.au)

Thank you!