

# GRIT Newsletter

# Thoughts from the artistic director:

Hello beautiful GRiT families...we are all gearing up for our end of year celebration. I have been delighted with your child's dedication, professionalism and enthusiasm towards our performances. They've been working so hard and supporting one another with their ideas and we can't wait to share it with you all on **Wednesday 11<sup>th</sup> December**, **7pm** at the Goodwood Theatre and Studios.

Just a quick reminder, you will need to have your children at the theatre by 4pm for 8-



13yrs and 5pm for 5-7yrs. We will do a dress rehearsal so please make sure your children are dressed in costume as much as possible with named water bottle, dinner and/or snacks. The performance will go approximately 1hour with short set changes between the shows.

On another note, GRiT has been working again with Bellevue Heights Primary School this month. I was invited back to support the year 6/7 students on their end of year concert, which was a huge success! GRiT is thrilled to be working with the school again in 2020.

Thank you so much families, for all your support this year. It has been an incredibly empowering year for me and it's because of your continual encouragement and belief that has made this dream possible.

Please stay in touch and let's continue making positive change in your children's lives!

"Theatre holds immense value for children's developing minds. It is a powerful tool for facilitating children and teenagers' self-efficacy to promote positive social change as well as an improved ability to broach complex and difficult issues and subjects" – Dr Natasha Kirkham

# What I have learnt from your children this month:



### BELIEVE WORKSHOP:

I look forward every Sunday knowing I will hang out with the Believe crew...they inspire me every week. They have the most innovative, open and out-there ideas! We laugh, scream, play and chat, we create, imagine and believe! Last week, we did an exercise called, word at a time. You go around the circle and each say one word at a time linking to create a collaborative story together. It's challenging

because it requires a balance of knowing were you want it to go and surrendering to new ideas and directions. They began by finding it difficult to think of a word and within 5minutes were able to just be in the moment and respond impulsively and fluently. It was amazing to witness how quickly and confidently they responded to this work. These skills help so much with their spontaneity, authenticity and collaborative skills. Their stories were innovative, imaginative and had very clear structure and narrative. I was super impressed!



#### <u>IMAGINE WORKSHOP:</u>

Such a beautifully open, generous and giving group. I have been especially impressed with their efforts this term! They have all been so focussed and excited about their production, it's so lovely and a delight to be part of each week. This group have responded particularly well to working towards an outcome. They bounce in each week wanting to show their new ideas and character moves and have taken

ownership to their roles and responsibilities. Our performance is a true ensemble piece and has required the cast to support one another, trust and listen. They continue to surprise me with their intelligent and inquisitive questions and are truly become the next generation of brave and articulate voices. They have all improved so much this term! Keep up the great work!



#### QUIRK WORKSHOP:

Wow! In just 7 weeks the Quirk crew have devised and created a performance that is inventive, challenging, mature and daring. A dark and suspenseful story about a young girl Molly who has gone missing. Missing Molly explores hope, trust and friendship. All cast members have created their character and taken ownership over their story. They have all mentioned, next term they would like longer workshops so they can flesh-out their roles and develop a more comprehensive and detailed script. Really looking forward to future possibilities with this group. Keep making things happen!

# Dates to remember:

### PERFORMANCE ART CELEBRATION

#### WEDNESDAY 11th DECEMBER 2019

7pm Performance in Theatre - \$5 per person, pay at door (children under 5 FREE)

## SPLASH THEATRE WORKSHOP

#### WEDNESDAY 18th DECEMBER 2019

4-6pm for 8-13yrs at GOODWOOD THEATRE & STUDIOS

## SCHOOL HOLIDAY WORKSHOPS

#### WEDNESDAY 15th & THURSDAY 23rd JANUARY 2020

5-9yrs at 10-12pm & 10-13yrs at 1-3pm at GOODWOOD THEATRE & STUDIOS



#### **Goodwood Theatre & Studios**

166a Goodwood Road, GOODWOOD SA 5034

#### BOOKINGS ESSENTIAL

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